



Military & Veterans at Family Camp

Strengthening Families | Fostering Independence | Restoring Spirits

This summer military and veteran families who are living with varying disabilities can relax and recharge at a special Camp session at Easter Seals Central California's Camp Harmon.

Families will experience the healing and restorative qualities of nature combined with the opportunity to enjoy Camp in the redwoods with other families who can truly relate to their challenges.

“ At camp people see me as Mike the person, not just another statistic with a disability; Camp Harmon saved my life! ”

-Michael Griggs, 21 years old



Camp Harmon is a service of Easter Seals Central California. **Camp Harmon** has served more than 20,000 campers over 50 years. Located along the San Lorenzo River in the majestic redwoods of the Santa Cruz Mountains, **Camp Harmon** is an ACA accredited and fully-accessible, 40-acre campground featuring:

- 14 winterized cabins
- 3,600 sq ft lodge
- full-service kitchen
- arts and crafts center
- drama center
- archery range
- heated swimming pool
- amphitheater/chapel deck
- campfire pit
- giant swing
- playground
- sustainable garden
- animal farm
- sports field
- hiking trails
- and more



Central California

831-338-3383

www.CampHarmon.org

Camp Includes Military & Veteran Families

Strengthening Families | Fostering Independence | Restoring Spirits

Easter Seals Central California's own *Camp Harmon* has joined forces with several military and veteran organizations to expand its Family Camp Session to include **Military and Veterans Families** this August – a much needed therapeutic and recreational service for military personnel and veterans with a disability and those whose families have a child, spouse or other loved one with a disability. We know all too well that the entire family is affected by the special needs of an individual with a disability and our unique family camp meets the needs of all family members.



“ Camp Harmon is a magical place for campers, families and staff, each year campers return to experience the magic! ”

-Scott Webb, Camp Harmon Director



At *Camp Harmon*, individuals with a disability can be themselves and the supportive, non-judgmental atmosphere helps increase confidence and strengthen family bonds. Family members are able to share stories of success or concern among peers in similar situations. Summer camp is a rite of passage for most people and *Camp Harmon's* inclusive programs and accessible campgrounds are designed so that everyone can enjoy the benefits of all it has to offer.

831-338-3383

www.CampHarmon.org

Enjoy arts and crafts, camp games, nature hikes, animal farm tours, archery, campfires, family style meals, supervised kids activities, swimming, parent dinners on the deck and many more fun activities. Caring staff will support your family's adventure at camp and ensure a good time for everyone! Winterized cabins include beds and half-bath (sink and toilet). Showers are available nearby. Camp includes all lodging, meals and activities. One-on-one counselors are available for specialized care. Call Scott Webb or Cyndi Case for registration information 831-338-3383.

Family Camp Session Dates

Friday, August 7th thru Sunday, August 9th

Friday Welcome & Check-in

3:00pm - 5:00pm

Our friendly counselors will greet you upon entering the campgrounds with a warm welcome, unload your vehicle, assist you at check-in and escort you to your cabin.

Sunday Farewell Lunch & Check-out

12:00pm - 1:00pm

Our friendly counselors will assist you in gathering your items, load your vehicle and escort you to check-out after a farewell lunch.

Space is limited and based on first come, first serve for qualifying families. We reserve the right to change activities listed, as needed, to provide the best and safest experience for all campers.



Free of Charge...

...for military and veteran families who qualify.

Special thanks...

...to the Safeway Foundation and other funding partners who contributed to make this possible!